

# Eat Your Heart Out

## VEGETARIAN OPTIONS

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### **Appetizers**

Cheese and Fruit Platter  
Caramelized Onion with Bursting Cherry Tomatoes and Thyme Mini Tarts

### **Main & Side Courses**

Platter of Roasted Vegetables: Zucchini, Red Bell Pepper, Yellow Bell Pepper, Fennel, Red Onion and Asparagus

Herb Crusted Cauliflower Steaks  
with Haricots Verts White Beans Summer  
Summer Cherry Tomatoes

Vegetable Tian  
Onions, Tomatoes, Potatoes, Zucchini  
All thinly sliced and roasted with herbs and topped with gruyere cheese

Summer Quinoa Salad with Garbanzo Beans, chopped Cucumber, Red Pepper and Red Onion, topped with lots of chopped Fresh Parsley and a Lemon Vinaigrette

Heirloom Tomato Capresse Salad  
Fresh Mozzarella, julienned Basil with a Balsamic Reduction

Golden & Crimson Roasted Beet Salad  
topped with crumbled Feta Cheese with a Citrus Vinaigrette

Mixed Greens or Arugula Salad  
with Summer Nectarines, Strawberries, and Dried Cranberries,  
topped with Caramelized Pecans with a Champagne Vinaigrette

### **Dessert**

Individual Masserated Mixed Berries Parfaits  
with Vanilla Ice Cream, Raspberry Sorbet  
and a dollop of Fresh Whip Cream